

A Message from the Chairman

by Ken Adams

It can be daunting to think about the care of someone at their highest need. I am honored to be part of the leadership of an organization that attends to the highest needs of an individual and family that is approaching the end of life phase. Henderson County is extremely blessed to have one of the best-run hospice organizations, not only in the state, but also nationally recognized.

The board of directors for Four Seasons Hospice & Palliative Care has worked diligently this past year to make sure your hospice is led by the most capable doctors, nurses, management, staff and volunteers to provide seamless quality end of life care. The board along with executive leadership has positioned the organization to obtain a solid personnel, operations, and fiscal foundation. Systems and processes are being updated and monitored to provide stability and value to families who utilize the hospice services.

Henderson County has a fine healthcare system with several pillars of strength. We at Four Seasons Hospice & Palliative Care want to do our part by being the foundation for exceptional end of life care. It's a natural part of life that should receive the highest attention. Some will exclaim it is a high calling to serve the end of life concerns. It's also what everyone deserves at that phase of life. The staff, volunteers, and board of Four Season Hospice & Palliative Care are dedicated to that cause.

Four Seasons Hospice & Palliative Care Top Hospice Provider in State for Third Year in a Row

For the third straight year, Four Seasons Hospice & Palliative Care is the top hospice provider in North Carolina in terms of how well the organization served the local community. In 2007, Four Seasons Hospice & Palliative Care served 57.5% of all deaths in Henderson County, the greatest percentage of any hospice in North Carolina. The state average is 32.75%, according to a report from the Carolina's Center for Hospice & End of Life Care.

Chris Comeaux, president/CEO of Four Seasons, said, "This is one of the best measures of how well a hospice is serving its community. Our vision is to provide the best end of life care in Henderson County and the surrounding area. We will continue to strive for that vision so that our patients and families get the very best in end of life care."

Four Seasons offers a holistic approach to care, treating both the patient and the family. The hospice team consists of a physician, nurse practitioner, nurse, certified nursing assistant, social worker, chaplain and volunteer.

Hospice care is available to all people in Henderson County who have a life limiting illness and a life expectancy of six months or less as certified by a physician. Four Seasons Hospice & Palliative Care is a non-profit organization committed to providing care to all patients who need it regardless of their ability to pay. The agency has served approximately 10,000 patients since its inception.



Chris Comeaux
 Four Seasons Hospice & Palliative Care CEO

Each Day is a Gift

Fall is such a beautiful time in the mountains. It is a time when the world whispers to us its beauty. This beautiful time of year, however, reminds us that this is not all there is.

As a hospice organization, we live with that reality each day by the nature of what we do. This is not a bad thing, as we are constantly reminded that we should live each day as if it could be our last. Many times in the fast pace of this life, that may not feel practical, but it is very practical to love your family, appreciate the beauty all around us, love others, and approach each day as an opportunity to leave this world better than we found it.

For all those reasons, I returned to Four Seasons Hospice & Palliative Care six months ago as the CEO for the second time, and I am so glad I did. Each day is a gift, and all of us at Four Seasons enjoy the opportunity to make a difference in this world.

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C.O.N.N.E.C.T.I.O.N.S.

by Elaine McKinney, CONNECTIONS Coordinator

Elaine McKinney, CONNECTIONS Coordinator, has worked for Four Seasons Hospice & Palliative Care for 18 years. She has helped numerous patients with special needs since the CONNECTIONS Program began in 2003.

"The CONNECTIONS Program has made my life so much easier. Elaine helped me find a place to live. She helped me with housing and medical. She keeps me calm when I'm in a storm."

Bob Keith
Palliative Care Patient

C.O.N.N.E.C.T.I.O.N.S. (Community Outreach Networking for Needs, Education, & Contacts that Inform Others Needing Services) has been in existence since October of 2003. What is CONNECTIONS all about? It is a program developed by Four Seasons Hospice & Palliative Care that assists patients, both hospice & palliative care, with special needs they might have at this time in their life. Packets with resources and educational material are available for patients that list all resources/education available for their needs.

Because Four Seasons Hospice & Palliative Care began getting patients with more complicated needs and more difficult situations, it was decided that we needed a program dedicated to those needs, and those families. The Caregiver Program, the first name for the program, was born, and we began searching our community for resources to fit those needs. Now we not only access community resources, but national resources as well, and CONNECTIONS is now a reality.

How does CONNECTIONS help our patients? We connect patients, or their family members, to community resources they might need but are unaware are available. This program also assists with applications, leg work, and moral support through the process. Connecting patients with resources is so important because it reduces stress for our patients, allowing for more quality time with family members.

Four Seasons Hospice & Palliative Care is the only organization to have this program at this time although there have been many inquiries regarding how to duplicate this program from around the country. Our agency is proud to be setting the standard for patient and family assistance with CONNECTIONS.

Each Day is a Gift

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In the light of those things, November is National Hospice Month. It is a time to honor the heroism shown every day by the staff at Four Seasons Hospice & Palliative Care. They strive each day to make this world better through their work. They heal suffering and create an opportunity for patients and families to spend quality time with each other and make deposits in the memory bank that can't be eroded by the ups and downs of economic cycles.

This is what our staff does, and they do it very well. Four Seasons Hospice & Palliative Care is regarded as one of the top hospice and palliative care programs in the country. Can you imagine that? The care you receive right here in Western North Carolina is some of the best anywhere in the country. We thank our staff for that because they are the ones who make such a great difference for the patients and families dealing with a terminal illness. Hats off to the employees of Four Seasons Hospice & Palliative Care during this National Hospice Month. You do incredible work and it is appreciated!

This fall we also received word that for the third year in a row, Four

Seasons Hospice & Palliative Care was the top hospice provider in the State of North Carolina. This is measured by the total needs in the county that we serve. For 2007, Four Seasons Hospice & Palliative Care served 57.49% of the total deaths of Henderson County. The second best county in the state was at 52%.

Over six years ago, the board and staff of Four Seasons embarked on a journey to ensure the very best of end of life care would be provided. That is our vision. This measure is one indication that we are living into that vision. We are still striving each day to become better. That means for the residents of Western North Carolina, we will be here to support you through your terminal illness; or for the caregiver, we will be here to help support you so that you don't have to go it alone at the end of life.

That is why we have physicians, nurses, counselors, certified nursing assistants, spiritual counselors, volunteers, and grief counselors. This team of people is available to walk along side of you and your family during the terminal illness and afterwards through the grief process. If you need us, or think there is a possibility you might need us, please call. We'll come out and visit with you and let you know how we can help. Most families say they wished they had called us sooner, so don't worry about calling even if you think it might be too early.

Facts About Hospice Everyone Should Know

Hospice isn't a place. It's a type of care that focuses on living; living as fully as possible, up until the end of life.

November is National Hospice Month. In communities like ours across the country, hospices are honoring patients and families coping with life-limiting illness. Hospices are recognizing the professionals and volunteers who provide high quality care to those who need it most. National Hospice Month also provides an opportunity to promote important discussions with our loved ones and our health care providers about the care we would want at the end of life.

Hospice offers the services and support that Americans want when coping with life-limiting illness. Considered to be the model for high-quality, compassionate care at the end of life, hospices have a team of care providers that includes expert medical care, pain-and-symptom management, and emotional and spiritual support. All care is tailored to the patient's needs and wishes.

The goal of hospice is to treat the person instead of the disease, and support the family caregivers as well as the individual. The focus is on quality of life, not the length of time left to live.

The National Hospice and Palliative Care Organization reports:

- **Hospice usage in the U.S. is growing.** More than 1.4 million Americans with life-limiting illness were served by the nation's hospices last year.
- **The median length of time people receive hospice is 20.6 days** (half of patients receive care for more days, half of patients receive care for fewer days). Yet most patients would benefit from hospice earlier -- in fact, the most frequent comment from families is "why didn't we get hospice sooner?"
- **Less than half of hospice patients have cancer**, which surprises many people who mistakenly think hospice only serves cancer patients. The five other leading diagnoses are: heart disease, debility, dementia (this includes Alzheimer's disease), lung disease, and stroke.
- **Hospice is paid for by Medicare, Medicaid, most private insurance plans, HMOs and other managed care organizations.** Hospices also care for people who don't have insurance and can't afford to pay for the services.
- An estimated **400,000 trained volunteers** provide 5.1 percent of patient and family-related services to patients. Volunteers also assist with fundraising, community outreach and administrative work.
- Research shows that **8 out of 10 Americans would want to stay in their homes surrounded by family and loved ones if they were faced with a life-limiting illness.** Hospice makes this happen for millions of patients each year.

For more information, contact Four Seasons Hospice & Palliative Care
 at 828-692-6178
 or visit our website: www.nchospice.com

This information is provided by the National Hospice and Palliative Care Organization and Four Seasons Hospice & Palliative Care.

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It Takes a Village to Make *Camp Heart Songs* a Success

by Tricia Williams, Heart Songs Coordinator

Camp Heart Songs 5th Annual Grief Camp "Sharing Life's Melodies"

Thank you to the many generous contributors, in the scene and behind the scene, who graced our fifth Camp Heart Songs at Falling Creek Camp in Tuxedo, NC. We cared for 12 grieving children from ages 6 to 11 years old as they celebrated the memories and "shared their heart songs" of their uncles, siblings, mothers, fathers and grandparents on a sunny and fun-filled day.

A total of 36 hospice staff and volunteers provided breakfast, small group sessions, arts & crafts, lunch, rock wall climbing, team games, swimming, pet therapy, a parent support group, photography and a video presentation of the day for the parents. All of these joyful activities were celebrated by the families during the "Closing Ceremony" with the performances by our musicians, the butterfly release and butterfly pillow autograph signing by the campers.

We thank you ALL! We thank you for joining our village to bring a beautiful day to the hearts of these children:

Four Seasons Hospice & Palliative Care
Staff and Volunteer Groups

Yates Pharr, Director of Falling Creek Camp
& Nathan Newquist, Program Director

United Way Donors

Barry Clemo and Dominoes Pizza
for lunch

Ed Murdoch of Murdoch Golf Carts

Tom Fisch and Todd Hoke for Music

Donna French for "Hannah"

Elaine McKinney for "Bandit"

11 Hospice Volunteer
"Cookie Monster Bakers"

1 Awesome
"Butterfly Pillow Sewer" for the
Autograph Pillows

Jackie Gray and George
Knudsen for the "Closing
Ceremony" Video and
DVDs for the Campers
and their Families

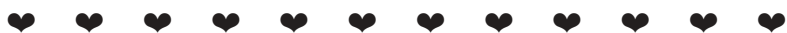


A United Way Partner Agency



Wish List Bulletin Board

Caring, Comfort Bears



The Heart Songs elves are excitedly preparing the large red basket for the holiday "Comfort Bears" at the Elizabeth House! We would really appreciate your help in filling their basket with all sizes and types of caring Teddy Bears.



Thanks to your donations, our patients and their youngest family members are greeted with holiday hugs from "Comfort Bears"!!!

Please deliver to Four Seasons Hospice & Palliative Care at Greatrex Place, 571 South Allen Road, Flat Rock, NC

Thank You!

It must be dignity...
It must be hospice.



When a cure isn't possible, dignity is. Hospice and palliative care help you live your life with dignity – even up to the final moment.

Hospice brings you and your family compassionate care when a cure isn't possible. Palliative care provides comfort and support earlier in the course of a serious illness.

Together hospice and palliative care provide solutions beyond traditional medical care. Most importantly, hospice honors your dignity at a time when it's needed most.

Hope, Love, Dignity... It must be hospice.



To learn more, call
Four Seasons Hospice & Palliative Care
at 828-692-6178
or visit our website at www.nchospice.com

For information about Grief Education Classes, Grief Support Groups, and individual Grief Counseling for adults, teens, and children, please call 233-0307.



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Hole in One! 10th Annual Golf Tournament a Grand Success

by Anne Marie Scherbarth, Events Coordinator

It was a blistering hot day, July 21, 2008, but 120 die hard golfers came out to our 10th Annual Four Seasons Hospice & Palliative Care Golf Tournament. The outpouring of support was wonderful. Our tournament title sponsor was none other than Morrow Insurance. Lunch was donated by Atlanta Bread Company and dinner was donated by Carrabba's Italian Grill. Our tournament was once again held at Kenmure Country Club.

We opened the day with registration, a putting contest, and professional team photos taken by Paul Vincent Photography with the beautiful background of Kenmure's ninth green. Once the golfers had an opportunity to warm up and mingle, we started the tournament with a butterfly release. The Laurels of Hendersonville sponsored our opening ceremony and released four dozen monarch and painted lady butterflies. Preceding the release, a poem was read in memory of our loved ones that we have lost.

A Symbol of Hope

"A butterfly lights beside us like a sunbeam. And for a brief moment its glory and beauty belong to our world. But then it flies on again, and though we wish it could have stayed, we feel so lucky to have seen it."

Throughout the day we had a silent auction going, where golfers would bid against each other for that treasured piece of art. Our very own Chris Comeaux even partook in the festivities and went home with a handmade fly rod (made by one of our volunteers and golf chairperson, Tom Boys) that he is going to teach his son how to fly fish with.

When the golfers finished, we gathered inside for an exceptional dinner provided by Carrabba's. During dinner we announced winners, raffled off wonderful items, had a few laughs and celebrated the wonderful work that we do here at hospice. When all was said and done, we raised over \$32,000.

We want to thank all those staff and volunteers that so graciously gave of their time that day. It was hot and long, but a very successful day! It is through these events that we are able to raise monies necessary to continue to do what we do – change lives, and walk alongside those that need us regardless of their financial abilities.



United Way Day of Caring Volunteers Make a Difference



On September 11, thirteen community volunteers came to Four Seasons Hospice & Palliative Care and made a difference as part of United Way's Day of Caring. This group of volunteers spent the day sewing "butterfly pillows" for patients. Other projects included organizing supply closets in the office and doing yard work for patients.



**Thank you,
United Way
volunteers!**



Community Happenings

Cleaning up? or Cleaning out?

Bring what you no longer need to

The *Hospice Home Store*

so someone else can enjoy
your gently used items.

*Monday thru Saturday
9:30 a.m. to 5:00 p.m.*



*Your donations will be accepted during business hours.
Drive up behind the store (from Church Street) to our convenient drop off bay.
For any large items call 696-0625 to schedule a pick-up.*

New Volunteer Training

by Lora Mason, Director of Volunteer Services

Classes will be offered in January 2009 to anyone who is interested in the Four Seasons Hospice & Palliative Care volunteer program. Following are answers to some common questions:

What is the Orientation?

The Orientation is an overview of hospice and palliative care services as well as the volunteer program. It is required for anyone who wants to volunteer in any area other than the Hospice Home Store (volunteers at the Home Store receive on-site training.) The topics covered in the orientation include: Four Seasons Hospice & Palliative Care mission and values; hospice philosophy; overview of hospice services and how they are paid for; understanding the roles of the Interdisciplinary Team members; confidentiality; patient rights as well as volunteer opportunities and responsibilities.

What are the Patient Care Training Classes?

These classes are required of anyone who wishes to interact directly with patients and families. Examples would include providing respite to caregivers, social and emotional support to patients, practical help such as transportation to patients, complementary therapies (pet, music, massage, etc.) to patients, help at Elizabeth House (our in-patient facility).

What information is covered?

The Patient Care training covers but is not limited to: understanding diseases and medical conditions; care and comfort measures; communication and listening skills; psychosocial aspects of death and dying; spiritual aspects of death and dying; concepts of grief and loss; maintaining a healthy balance (boundaries and self-care); body mechanics/back safety; as well as policies/documentation.

Who teaches the classes?

The classes are taught by 13 passionate and knowledgeable staff members (CEO, nurses, social workers, chaplains, bereavement counselor, physical therapist, volunteer coordinators, and volunteers).

How long are the classes?

The orientation class lasts 3-1/2 hours. The patient care classes consist of 4 additional classes, each lasting 3-1/2 hours.

Why are the classes so long?

Educating our volunteers prepares them to confidently provide quality care for our patients and families.

Is there a fee to attend the training?

No, the classes are free of charge.

What is my commitment if I attend the classes?

There is no commitment to become a volunteer. Some people attend to gain a better personal understanding of end-of-life care; some people attend because they themselves will become a caregiver for a loved one in the near future. Some people are part of a care ministry at their faith community and want to learn how to better enhance that role. All we ask is that you are willing to learn!

If I choose to volunteer, what will I actually do?

There are many different opportunities, from working directly with patients and families to working "behind the scenes" in areas such as administrative support, fundraising, garden-

ing, community education, etc. Our experienced volunteer coordinators will work with you to find the area that best fits your interests and talents.

What do graduates of the training program have to say?

"I have attended many workshops, and this was by far the best. The information was most helpful, not just for hospice volunteering, but for living my life. It was comprehensive and varied... it kept my attention and was actually fun!"

- Joy Williams

"I was a caregiver for my mother before she died. If I'd known then what I learned at the training, I would have been aware of the services available in our community; it would have helped me to be a better caregiver."

- Russell Chan

What can I expect from Four Seasons Hospice & Palliative Care?

We are committed to making your volunteer experience a positive one. You will receive ongoing support, education, and guidance from a very appreciative staff. You will also find that hospice work is meaningful, joyful, and rewarding!

How do I register?

Call Lora Mason at 233-0329.

See the information below about the upcoming volunteer training classes...

Are You Looking For A Volunteer Opportunity?

Four Seasons Hospice & Palliative Care will be offering its volunteer training classes to all those in the community who would like to learn about or enhance care-giving skills. The information provided is useful in any setting, from homes to facilities. Attendance does not require a commitment to become a hospice volunteer.

A new Volunteer Orientation class will be offered in January of 2009.

Thursday
January 15, 2009
1:00pm-4:30pm

The above orientation is required for all volunteer positions other than the Hospice Home Store. Hospice Home Store volunteers will receive orientation at the store.

Additional Training classes will be required for those who wish to be involved in Patient Care (Home Care, Elizabeth House, Nursing Care, or Assisted Living Facilities).

All of the following classes must be completed prior to working directly with patients.

Session 1 • Tuesday, January 20, 2009 1:00pm-4:30pm

Session 2 • Thursday, January 22, 2009 1:00pm-4:30pm

Session 3 • Tuesday, January 27, 2009 1:00pm-4:30pm

Session 4 • Thursday, January 29, 2009 1:00pm-4:30pm

All Orientation and Training Classes will be held at Greatrex Place located at 571 South Allen Road in Flat Rock (adjacent to Elizabeth House). For more information or to register for any of the above classes, please contact Lora Mason at 233-0329.

How Long Does Grief Take?

by Mark W. Neville, Bereavement and Music Therapy Coordinator

“Why am I still grieving? What’s the matter with me? How long does this take?” It is not at all unusual for those who come to see us for grief counseling to ask these kinds of questions. They and those who love them often assume that grieving is bad. They assume that something is wrong with them when they grieve. They do not like feeling sad, anxious, and weepy. They do not understand why they have difficulty eating and sleeping. They expect to “get over it” in a few days, weeks at the most.

The problem is not with grieving.

The problem is with our assumptions and expectations of grieving.

Grieving Is a Good Thing

Grieving the death of a loved one is not a bad thing. It is a good thing. It doesn't mean that something is wrong with us. Grieving is normal and natural. While there is no one right way to grieve for a loved one who died, grieving is the right thing to do. There are always exceptions, but not grieving rather than grieving is frequently a problem.

There Is No Set Timeline

There is no set timeline by which we should be over grieving the death of a loved one. In fact, losing a loved one by their death is not something that we “get over.” It is something that we get through and assimilate into our lives. Getting through grief, assimilating the loss of a loved one takes time. How much time? How long does it take? There is no set time. There is no set timeline.

Our Grief Depends on Many Things

How long it takes to grieve depends on many different things. It depends on our relationship with the deceased, how they died, and what else we lose with their death. It may also depend on how healthy we are, the support we have, how resilient we are, and whether we are female or male. Since we ourselves are complicated and loss and death are complicated, there is no way to predict how long we will need to grieve. It is better to think in terms of several months, even a year or more, rather than days and weeks.

Grief Takes As Long As It Takes

How long does grief take? It takes as long as it takes. It does not help to hold it in, try to rush it or force ourselves over it. We get through it in our own time as we do what helps us accept the loss and assimilate it into our lives. We get through it, but never really over it, with physical symptoms, the whole range of emotions, tears, talking about it with someone who will patiently listen, finding new ways to celebrate holidays, and many other things that help us cope.

If you or someone you know is grieving the death of a loved one, please know that grieving has no set deadline. It takes us as long as it takes. If we can be of help, please call our Bereavement Department at 233-0307. We're here to help.

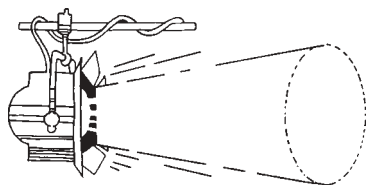
Park Ridge Hospital is proud to partner with Four Seasons Hospice & Palliative Care.

For additional information about Palliative Care Services at Park Ridge Hospital, call 828-692-6178.

For additional information about Park Ridge Hospital, or to request a Physician Directory, call 828-687-3947.



You'll like how we treat you.



Board Member Spotlight



Ken Adams

Ken Adams began his term as the board chairman for Four Seasons Hospice & Palliative Care this November. He is the financial advisor for the Laurel Park Shopping Village branch of Edward Jones. Edward Jones is a financial services firm that traces its roots back to 1871. It is the largest firm in the nation in terms of branch offices, with more than 9,000 in the United States, Canada and the United Kingdom.

“Ken has been a valuable member of our board of directors. I have enjoyed working with him for many years, and I look forward to his leadership over the coming year,” said Chris Comeaux, president/CEO of Four Seasons Hospice & Palliative Care.

Ken graduated from East Carolina University with BS degrees in both finance and history. He received his MBA from Western Carolina University. He has received several awards for his work at Edward Jones, including the Managing Partner Award for 2005-2007.

Ken is involved in many agencies in the local community in addition to Four Seasons Hospice & Palliative Care. He is the past president of the Henderson County Free Medical Clinics, and is past president of the Henderson County United Way. He has served on the boards of the Alliance for Human Services, Salvation Army, and the United Way of North Carolina. He is finance chairman at St. Phillips Foundation in Brevard. He is also a member of the Hendersonville Rotary Club.

Ken and his wife, Lynn, have been married for 17 years and have two children, Beth, 29, and Emilie, 13.

Four Seasons Hospice & Palliative Care is an independent, non-profit, volunteer-supported organization led by a dedicated Board of Directors.

- Ken Adams, *Chairman*
- Greg Burnette, *Chair-Elect*
- Nancy Bouvet, *Treasurer*
- Shanda Bedoian, *Secretary*

- Dr. Margaret Barker
- Tom Cooper
- Dr. Richard Fife
- The Rev. Joel Hafer
- Dr. John Hill
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If you would like to make a tax deductible donation to Four Seasons Hospice & Palliative Care, please mail your check to:

Four Seasons Hospice & Palliative Care
571 South Allen Road
Flat Rock, NC 28731

or call
Tina Gentry at
828-692-6178

At Elizabeth House, we wish we had...

- New or unused personal care products such as: lightly-scented body sprays, after shave, body wash, and body lotions (fruit scents are preferred)
- Masculine colors/prints cotton material to make gowns
- Polyfil stuffing for pillows
- Standard size pillowcases (colors and prints)
- Twin size, colored flat sheets
- Full or twin size, washable, colorful bed quilts
- Colored bath towels and washcloths (great need)
- CD/radios for bedrooms & calming music CDs
- Crossword, Sudoku, etc. puzzle books, decks of cards
- Bird seed
- Knit caps
- Non-slip socks or slippers
- Lotioned or extra-soft facial tissue
- Individually wrapped mints, candy & snacks (commercially prepared)
- Small (dessert-sized) paper plates & napkins

At Greatrex Place, we wish we had...

- Large print books for nursing home patients
- Portable CD/cassette players & CDs
- Books on tape
- Crossword or word search puzzle books
- Pocket amplifier for hearing
- Headphones
- DVDs/Videos

If you would like to donate any of these items, please call Kathy Thielke at 233-0332, or drop them by Elizabeth House at 581 South Allen Road or Greatrex Place at 571 South Allen Road.

MISSION

Four Seasons Hospice & Palliative Care affirms life and provides holistic care in harmony with the goals of individuals with chronic, serious or life-limiting conditions while offering support to their families and loved ones.

We are collecting:
old cell phones,
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Motorola pagers,
and used toner and
inkjet cartridges
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recycling program.

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18th Annual
Four Seasons
HOSPICE &
Palliative Care
TREE OF LIGHTS
2008

at the
Historic Henderson County Courthouse
on Main Street in Downtown Hendersonville

Friday, December 5, 2008
5:30pm Enjoy Complimentary Cookies & Cider
6:00pm Tree Lighting Ceremony Begins
Performance by Immaculata Catholic School Choir accompanied by
Judith Meinzer, Director of Music, First United Methodist Church.

Honor or remember a loved one with a light or luminary.
For more information, call
Four Seasons Hospice & Palliative Care at 692-6178.

Our 18th Annual Tree of Lights is graciously sponsored by:
ECONOMY DRUGS & WHITLEY DRUGS
Printpack inc.

Complete the form to the right and mail to:
Four Seasons Hospice & Palliative Care
571 South Allen Road
Flat Rock, NC 28731-9447

Continue the Tradition!

This holiday season join Four Seasons Hospice & Palliative Care in celebrating life and honoring loved ones by donating to the 18th Annual Tree of Lights. Bring your family and friends to the Historic Courthouse on Main Street to set the Hospice Tree of Lights aglow for the holidays!

We are pleased to offer several different opportunities to support Tree of Lights this year. There are the traditional lights and luminaries. You have the option of personalizing your luminary on display by having your loved one's name printed on it. The luminaries will glow the night of the event. And new this year, we have a beautiful porcelain ornament to offer. The ornament depicts an angel with a butterfly taking flight from her outstretched hand.

Nearly 600 staff and volunteers work unconditionally to provide for and meet the needs of our loved ones and families. We will honor them with a dedicated tree adorned with bows for each individual staff and volunteer that is involved with Four Seasons Hospice & Palliative Care. These trees will be lit at the conclusion of the Tree of Lights ceremony. Afterward, the trees will be moved to Elizabeth House and the Greatrex Place administration building for display throughout the holiday season. If you would like to participate in this honor, you may do so by adding one extra dollar to your donation.

At your request, Four Seasons Hospice & Palliative Care will send you customized gift cards with matching envelopes. You may add a personal note to these cards and mail them directly to the individuals or families you are honoring or remembering.

All proceeds from the Tree of Lights celebration will help to provide medical, emotional and spiritual care to our patients in their homes, inpatient facilities and in Elizabeth House.

The Tree of Lights volunteers commit their time, energy and hearts to support Four Seasons Hospice & Palliative Care which means so much to so many. We hope you will support Four Seasons by allowing us to help you show your love for someone special this holiday season with a light, a luminary and an ornament.

Thank you for your generosity and support. We look forward to seeing you at the 18th Annual Tree of Lights on Friday, December 5th, 2008.



571 South Allen Road
Flat Rock, NC 28731-9447
828-692-6178

TREE OF LIGHTS



18th Annual

Our 18th Annual Tree of Lights is graciously sponsored by:

ECONOMY DRUGS & WHITLEY DRUGS
Printpack inc.

Donor Information

Name(s): _____
Address: _____
City: _____ State: _____ Zip: _____
Phone: _____ Email: _____

Payment Information

Enclosed is my total gift of \$ _____
 My check is enclosed.
Please make checks payable to Four Seasons Hospice & Palliative Care and return in the enclosed envelope along with this form.
 My gift totals \$100 (or more), please charge my MasterCard or VISA.
 Name as it appears on card: _____
 Signature: _____
 Card Number: _____ Exp. Date: _____
 Amount of Gift: _____ Daytime Phone: _____

Customized Gift Cards

At your request, we will send customized gift cards with matching envelopes to you. You may add a personal note to these cards and mail them directly to the individuals or families of those you are honoring or remembering.

I would like _____ gift cards to **honor** someone.
 I would like _____ gift cards to **remember** someone.
 I do not wish to receive give cards.

Donation Amount

_____ Luminary(ies) @ \$20 each I will pick my ornament(s) up at the Tree of Lights on December 5th.
 _____ Light(s) @ \$10 each
 _____ Ornament(s) @ \$25 each I will pick my ornament(s) up at Greatrex Place.
 _____ Staff/Volunteer Trees @ \$1 donation Please send my ornament(s) to me.

With the donation of \$75 or more, you will receive an ornament; or you may purchase ornaments individually for \$25 each.

Those I Wish to Honor or Remember

In Honor **OR** In Memory **AND** Light **OR** Luminary
Name: _____

In Honor **OR** In Memory **AND** Light **OR** Luminary
Name: _____

In Honor **OR** In Memory **AND** Light **OR** Luminary
Name: _____

In Honor **OR** In Memory **AND** Light **OR** Luminary
Name: _____


In Honor **OR** In Memory **AND** Light **OR** Luminary
Name: _____

Please use additional paper if needed.

Luminary requests POSTMARKED by November 14th will be displayed with names at our ceremony on December 5th. All persons honored or remembered will be printed in the February issue of Life Lines, published in the Hendersonville Times News.

Ornament Information

This beautiful porcelain ornament is a hand-casted, hollow ornament made of highly translucent porcelain. They glow when a light is placed inside the back of the ornament. They also display beautifully on a stand, such as an A-frame easel, or hanging from a decorative ornament hook. Each angel is spot-glazed, highlighted with mother-of-pearl, kiln fired, and individually polished to a smooth sheen. Ribbon and bow are hand applied. Each angel comes in a hunter green gift box with a ribbon and bow.



These angel ornaments make a wonderful addition to anyone's collection and make thoughtful gifts for family and friends.