

A Message from the Chairman

by Adam L. Shealy



Adam Shealy
 Chairman

As you may have heard by now, our Chief Executive Officer Cherry Meier has resigned effective January 31, 2008. We appreciate Cherry's many contributions to Four Seasons Hospice & Palliative Care during her tenure and wish her well in her future endeavors. Dr. John Morris, palliative care medical director, and Honey Miller, vice president of clinical services, will act as interim co-CEO's until a successor is hired. I have the utmost confidence in them to lead the organization as long it takes to find the right person to succeed Cherry as CEO. We have already begun a national CEO search and have identified a number of excellent candidates who are interested in the position. Because of Four Seasons' national reputation within the hospice community, the quality of our management team and staff and the attractiveness of the area in which we live, we have set our sights high and expect to find a top-notch CEO to lead us into the future. We will keep you updated as our CEO search progresses.

FSH&PC Announces Interim Co-CEOs

We are privileged to serve as interim co-CEOs for Four Seasons Hospice & Palliative Care while the board completes its search for a new CEO. Our organization continues to move forward, and as always, is dedicated to our mission of affirming life and providing holistic care in harmony with the goals of individuals with chronic, serious, or life-limiting conditions while offering support to their families and loved ones. In the midst of this change and as we begin a new year, it is helpful to take the time to reflect on some of the successes and special moments from the past few months.



Honey Miller
 Vice President of
 Clinical Services



Dr. John Morris
 Palliative Care
 Medical Director

- The Hospice Home Store moved in November to its new location at 215 North Main Street. The move came just in time for the busy holiday shopping season. The store recognized record sales in both November and December. Thanks to all of you who shop and donate to the store.
- The state of North Carolina has recently recognized the need for an additional 7 inpatient beds in Henderson County. Currently, Elizabeth House is certified for 12 inpatient beds and 6 residential beds. We will be seeking to get approval from the State to increase our inpatient capacity at the Elizabeth House. This will not mean another building project, but will allow us the flexibility to use all of the existing 18 beds for inpatient care as needed.
- The 17th Annual Tree of Lights was held at the Historic Henderson County Courthouse on December 7. More than 200 people came out to watch Ardeth Wise, a Four Seasons volunteer, light the trees. This was a very special evening, and we were so pleased to honor Ardeth for her many years volunteering to make the Elizabeth House gardens so beautiful. We thank the entire community for your support of the Tree of Lights. Your donations to honor and remember special people in your life enable us to continue to provide the best of care to our patients and families.

As an organization, we want to thank all the patients and families who allowed us the privilege of caring for them during their end-of-life journey in 2007. We look forward to another year of serving the community in 2008. Thank you for your continued support of Four Seasons Hospice & Palliative Care.

See the special pull-out centerfold section and page 7 for more on the 17th Annual Tree of Lights and the Report to Our Caring Community.



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Bereavement Services Expanded for 2008

by Mark Neville, Bereavement Coordinator

First, I want to say thank you to everyone who has allowed us to provide counseling and support as you grieved the death of your loved ones. It was an honor for you to allow us to walk with you through the darkest days of your grief as you found your way to a brighter place.

Secondly, I want to thank everyone at Four Seasons Hospice & Palliative Care who has entrusted to me the responsibility of coordi-

nating our Bereavement Department. I am thrilled to be the new coordinator of such a wonderful department.

Woody Allen once said, "If you want to make God laugh, tell him about your plans." Well, I like bringing a bit of humor to everyone, including God, so here are some of our Bereavement Department's plans for 2008. Enjoy!

In addition to the individual grief counseling that we provide, we plan to offer:

- **Grief 101**, an hour and a half presentation on grief, each month. This presentation is designed to give basic information on grieving to the newly bereaved. We will offer Grief 101 once each month in 2008.
- Our **Grief Support Group**, six consecutive weekly sessions, five times during the year. This year, one group will be an evening group starting in June.
- The **Horse Sense Camp for Teens** twice, in April and October. This new addition to our program got off to a wonderful start last October. We are thrilled to be able to offer it twice in 2008. Beth Chalmers, bereavement counselor, coordinates this program.
- **Camp Heart Songs**, our very successful summer grief camp for children and teenagers, on Saturday, August 23. Mark your calendars!
- A new **Bereavement Volunteer Program** in which we will join with our Volunteer Department to train volunteers to provide bereavement care to those who would benefit from some support as they mourn the death of a loved one.
- A **Staff Support Event** related to grief and loss. More on this later!
- An educational event in the fall for our staff, volunteers, and community on **Grief During the Holidays**.
- With our Spiritual Care Department, the **Celebration of Life Memorial Services** in the spring and fall.

Again, I'm thrilled to be the coordinator of our Bereavement Department. I look forward to leading our department in serving the grief needs of the residents of our community. We are here for you.

Please feel free to contact us, if we can be of service to you. (What's that sound? Did you hear someone laughing? Hmm...)

Celebration of Life Memorial Service Held for Families

by Carolyn Lawton, Director of Spiritual Support & Music Therapy

Every spring and fall, Four Seasons Hospice & Palliative Care presents a Celebration of Life Memorial Service to honor the patients we have served for the previous six months. The purpose of this event is to give our bereaved families an opportunity to honor their individual loved ones and to give the community and Four Seasons an opportunity to share the common ground of compassionate end-of-life care. On October 30, 2007, this semi-annual service was held at the First United Methodist Church Christian Barber Center, and nearly 200 bereaved family members and friends were in attendance.



The evening began graciously as the soothing sound of music and soft candlelight welcomed all who came. The lovely setting of the Barber Center was the perfect atmosphere for this reverent occasion. Upon entering the room, Four Seasons staff warmly welcomed our bereaved guests and then escorted them to the focal point of the room where each family placed a picture of their loved one on a beautiful lace covered table. It was a poignant time of reflection and loving memories as each guest received a

long-stemmed white rose while a candle of honor was lit for their loved one. As time passed, the room filled with families, friends, pictures, memories and candles. Our staff shared quiet conversations with the families they had served, and they also paused to remember and honor the people they had come to love.

The Celebration of Life program then began with presentations by staff members, volunteers and friends who played and sang beautiful music, who spoke heartfelt words of wisdom, humor and tenderness, and who shared inspirational readings that touched everyone deeply. Those who participated in the program all volunteered their time and talent and felt privileged to do so because we want our bereaved families to know it has truly been an honor to be a part of their lives during emotionally tender and difficult times. We know that we walk on holy ground with our patients and families as we daily provide end-of-life care, and the Celebration of Life is always a wonderful time to stop for a moment to remember those who have preceded us in death and to reflect on the beauty of life and relationships.

The program was followed by a reception of fellowship and refreshments and further opportunities for guests to share conversation with staff and volunteers who had served their loved ones.

We thank all throughout the years who have helped to make these special events an evening to remember, and we welcome all who would like to participate in the future. The date of the Spring 2008 Celebration of Life Memorial Service will be announced soon, and invitations will be mailed to the family and friends of those to be honored at this memorial service.

**The following is an excerpt of a poem
presented at the
Fall Celebration of Life Memorial Service.**

Loving the Hole

There are those who are wise (at least in their own eyes)
 who say that the answer to grief is to let go and move on
 get on with your life, and live it wholeheartedly.
 "W-H-O-L-E-H-E-A-R-T-E-D—is the way to go", they cheer
 But they don't really know about the journey we go
 toward loving this hole in the heart.
 But those in this room have a different knowing
 that changes the spelling of the way to keep going
 in grief and loss and tears:
 Wholehearted living, true, but minus the W
 is the deeper way to go.
 H-O-L-E---H-E-A-R-T-E-D is the only way I know
 For how do we live with this hole in the heart?
 It's the shape of the one that we loved.
 It sounds like his laughter, it tastes like her tears
 His name is inscribed on its walls.
 That hole is so real, and how do we learn
 to keep going, without sinking down?...
 It would be so much easier, this hole in the heart,
 if we could control when it came
 Instead of guerilla-grief ambushing up
 with unwelcome, embarrassing pain.
 And those wise ones, they mean well
 when they try to help by reminding "it's been six whole months!"
 But they don't really know that the grief and the loss
 and the tears and the time
 don't follow a pattern, won't walk a known path
 can't keep pace with meter or rhyme
 And the Holehearted answer to their well-meaning words
 is a silent-loud cry "No! No! No!"
 It's been six whole months, 4 days, 3 minutes, 7 seconds,
 and then some, and yesterday, and eternity, and a second ago
 and forever ahead, and a breath away,
 and I haven't breathed...since that hole tore my heart open
 with its long and sudden goodbye.
 But then after time, and some tears, and some time, and some time
 and some tears....and sometime, on a day unplanned
 the guerilla-grief changes to an enticing strange warm fire
 always there, ever old, well-known, and yet new
 And we find an odd treasure inside:...
 It's that one conversation, that one we remember
 each syllable sounds in our ears
 It's the joy of the moment, and moments, and days,
 and weeks and months and years.
 Wow---that hole is not empty, as we once thought it was
 It's a holy, whole space that is filled with the love that we shared,
 and the roses of memories of a life that was lived, and is gone,
 But is still held in the heart.
 That hole is so holy, because we are coming to know
 That what we love in that hole can't be taken away
 And what we hold in the hole makes us whole.

Karen Gabriel, RN

Heart Songs: A Children's Grief Support Program

by Tricia Williams, Heart Songs Coordinator

Let the Children Teach Us:


Post-Holiday Reflections from Heart Songs Clients Learning to Cope During the Holidays


It has been said in children's grief education literature that "if we would watch the children grieve, we (the adults) would grieve more effectively" (Alan Wolfelt, PhD., 2004, Center for Loss).


Young children are developing socially and becoming more aware of others and their sufferings as they grow. This genuine awareness and empathy means they can express themselves and help others


in their grief. We can encourage and validate these feelings by listening closely and involving them in the dying and grieving process with their loved ones. In fact, we have much to learn from them during the grieving process. All we have to do is help them explore ways to honor their loved ones during special events, like the holidays, AND join them in their commemoration.


Following are some beautiful expressions of courageous children (anonymously named) who have begun a legacy of coping by honoring their loved ones this holiday season.


 Alex worked on a song he was writing for his dad about the four seasons of their life together as father and son.


 Lindsey and David began a snowman ornament collection in honor of their mother who loved snowmen.

 Johnny finished carving Grandpa's walking stick with the pocket knife that belonged to him.

 Cassie and Benjamin made butterfly ornaments for their Christmas tree to remember all those who helped take care of their grandpa at hospice.

 Elizabeth reviewed all the treasures in her Memory Box that she made at Camp Heart Songs to honor her mother and also to comfort herself.

 Sandra wrote and framed a poem about her nana's life to give as a gift to her mother.

 Jessie cooked her mother's special recipe of Sweet Potato Casserole to share with her family.

You may decide to choose an idea to recognize your own loved one as this year unfolds. With each commemoration, we grieve,

honor and integrate our loved one's life into our own in a very personalized and healing way.

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Thank You for "Blessing Our Heart Songs"



"Bears Who Care" provided the needed hugs throughout the holidays for patients and their young visitors.

Thanks to the many adorable teddy bears that filled the donation box at Greatrex Place, Elizabeth House nurses, CNAs and social workers never ran out! These comforting bears were such a treat for our young holiday visitors, reported CNA Trish Boyer. She said they also "gave lasting comfort to some of our patients who were missing pets at home or just needed some extra hugs." THANK YOU to our generous community for sharing such a tangible gift to these families!



... Books to Honor & Remember ...

"Remembering You Forever"
by Sharon Rugg

~
"I Will Remember You"
Paperback for teenagers in grief
by Laura Dower

*The above books are available at the
Heart Songs Lending Library
Greatrex Place*

Teddy Bear Hugs All Year Long

Heart Songs is very fortunate to have several talented seamstresses sewing constantly throughout the year to make fabric teddy bear pillows for our younger grieving children. Nina Lamb and Kay Williams have begun this legacy of love. Joining them are Lee Keene and Connie Dula in providing these cuddly friends of hospice who bring messages of comfort and hope. From the heart and mind of a recent 7 year-old recipient, the impact is obvious, "You mean someone who doesn't even know me cares that I am sad because Nanny died?" My answer is "Yes, there are 300 volunteers at hospice who care!" Thank you ladies!

Park Ridge Hospital is proud to partner with Four Seasons Hospice & Palliative Care.

For additional information about Palliative Care Services at Park Ridge Hospital, call 828-692-6178.

For additional information about Park Ridge Hospital, or to request a Physician Directory, call 828-687-3947.



You'll like how we treat you.

3rd Annual "Live Well, Laugh Often, Love Much" Auction and Gala Planned

Save The Date



2008 Auction & Gala

Thursday, April 3, 2008
6:00 pm
Kenmure Country Club

Please call Kathy Thielke, 233-0332, for more information about tickets, sponsorships or donating to the auction!

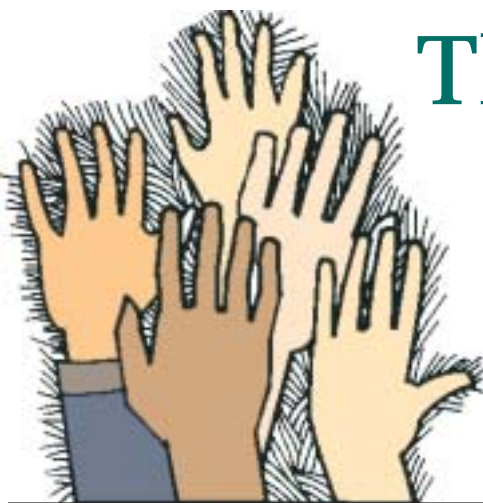
On April 3, 2007, the third annual "Live Well, Laugh Often, Love Much" Auction and Gala benefiting Four Seasons Hospice & Palliative Care will be held at Kenmure Country Club. The festivities begin at 6 p.m. and include a silent and live auction, dinner and entertainment. The volunteer event committee is planning a very special evening, and invites everyone to attend. Tickets to the event are \$100 for individuals, and table sponsorships are also available for businesses and other organizations.

Items needed for the both live and silent auctions are:
vacation rentals or time share packages,
golf packages,
antiques,
jewelry,
art,
and other quality items.

If you are interested in donating an item or would like tickets to the event, please contact Kathy Thielke, event coordinator, at 233-0332.

Community Happenings

The Hospice Home Store



NEEDS YOU

If you are interested in becoming a volunteer at the store, please call Debra Barlow at 233-0349.

Four Seasons Parade Float Dedicated to Patients and Families



On December 1st, 2007, the Hendersonville Merchant & Business Association held the annual Christmas parade. Four Seasons Hospice & Palliative Care's float was blue and white, decorated around the parade theme, "The Magic of Christmas - Share It!" The float was filled to capacity with children and staff members and was dedicated to the patients and families served by them. Four Seasons took home the trophy for first place in the commercial division.





(Above)

Debby Chapman (left), chairman of the 17th Annual Tree of Lights, and Cherry Meier (right), president/CEO, watch as volunteer Ardeth Wise prepares to light the trees.

Photo courtesy of Mike Dirks/Hendersonville Times-News.

City Donates Trees to the 17th Annual Tree of Lights

This year, thanks to the generosity of the City of Hendersonville and the Downtown Beautification Committee, the Four Seasons Hospice & Palliative Care Tree of Lights event featured two live trees, permanently planted in the planters in front of the Historic Courthouse.

The trees were decorated by volunteers with blue and white lights in memory and honor of loved ones. The evening was beautiful, with mild temperatures and clear skies, which contributed to the record attendance of over 200 people. Ardeth Wise, a longtime Four Seasons volunteer for the Elizabeth House gardens, flipped the switch to light the trees, which remained lit throughout January.

This event is the largest fundraiser for Four Seasons Hospice & Palliative Care. It offers individuals the opportunity to honor and remember loved ones during the holiday season by purchasing lights on the trees and luminaries to glow around the trees on the night of the event. All proceeds help provide medical, emotional and spiritual care to patients in their homes, inpatient facilities, and in Elizabeth House.

(Left) This year's event featured two live trees. Photo courtesy of Laura Bollinger.



This year's Report to Our Caring Community is included in this issue of Life Lines.

All reasonable efforts have been made to ensure the accuracy of the information. Please accept our sincere apology for any misprints or omissions.



FOUR SEASONS THANKS YOU!

TREE OF LIGHTS	
17th Annual	2
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	7

Graciously supported by these businesses...



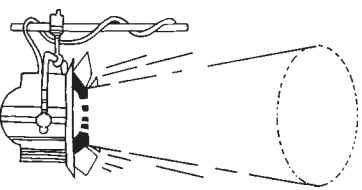
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During fiscal year 2007, the generosity and support of our donors and volunteers allowed us to provide Hospice care to 1,057 patients in their homes, Elizabeth House and other area healthcare facilities. An additional 1,268 patients were served through our Palliative Care program.

2007 Tree of Lights In-Kind Contributors
City of Hendersonville & Downtown Beautification Committee
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West Henderson High School Chorus
and our wonderful Four Seasons volunteers!

Community Happenings

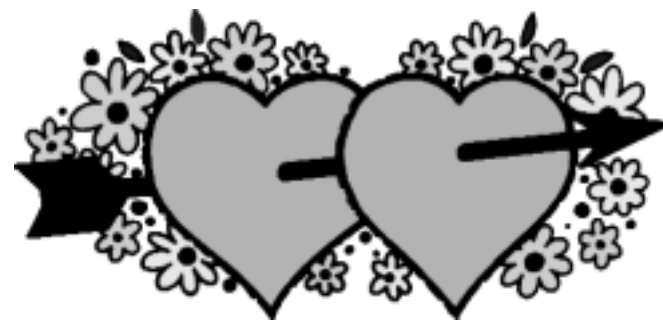


This is the seventh in a series of articles highlighting the many volunteer opportunities at Four Seasons Hospice & Palliative Care. Watch for more volunteer profiles in coming issues of Life Lines.

Volunteer Couples

by Lora Mason, Director of Volunteer Services

With Valentine's Day just around the corner, our thoughts turn to shared love, shared time, and shared interests. The Volunteer Department boasts 42 "sweethearts" – 21 couples who share their passion for hospice and for giving to others. "After 50 years together, we've naturally found things we both like to do," says Janis Shane. "Volunteering is one of those things. We find joy in doing what we can for other people." Shane, along with her husband Don, has volunteered for four years – Janis sews pillows, quilts, and other items for patients while Don helps out with odd jobs, deliveries, or special events.



Another couple, Kenneth and Dorothy Holland, volunteer together at Elizabeth House. During their weekly shift they bring comfort to patients and help the staff with daily tasks. "In a world where people place such emphasis upon things and money, it is a joy to volunteer with an organization that knows that people are the real deal," says Kenneth. "Working at Elizabeth House allows us to apply our faith in God in a fulfilling way. Loving your neighbor as yourself is what life is about." While Kenneth and Dorothy volunteer together, each brings their unique perspective. Dorothy comments, "We complement each other. The joy we experience is greatly amplified because it is a shared experience."

The volunteer opportunities are as varied as are our couples. Each individual can find their niche and contribute their own special talents. From sitting at the bedside of a patient, to administrative tasks, to gardening, to working at the home store... all gifts are needed and appreciated!

We at Four Seasons appreciate all the joy these couples have brought to us and to the patients and families we serve. Happy Valentine's Day to our volunteer couples! If you would like information about joining our volunteer team, please call Lora Mason at 233-0329.

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We are offering an evening "New Volunteer Training Class!"

By Popular Demand!

The general orientation is Tuesday, April 29th from 5:30 pm to 8:30 pm.

*The subsequent 6 sessions will be on the following
Tuesdays from 5:30 pm to 7:30 pm.*

All classes are at Greatrex Place (571 S. Allen Road • Flat Rock)

For more information or to register, please call Lora Mason at 233-0329.

Everyone is welcome at this free hospice training.

Attendance does not require a commitment to become a hospice volunteer.



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Hospice Families Sponsored for Christmas

by Elaine McKinney, CONNECTIONS Coordinator

This Christmas season, Four Seasons Hospice & Palliative Care had seven families sponsored by the community and 16 families sponsored by the staff of Four Seasons. Forty families received Christmas baskets from the Elks Lodge. Christmas for all these families was so much happier and brighter because the community cared to make Christmas special.

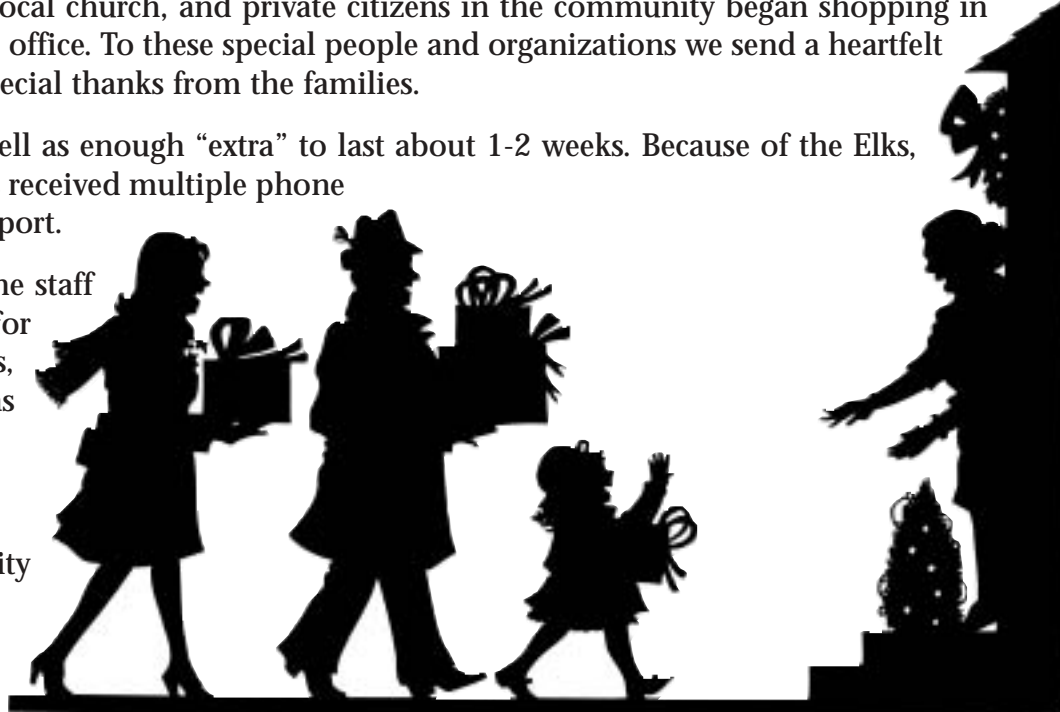
Macon Bank, Etowah/Horse Shoe Volunteer Fire Department, a local church, and private citizens in the community began shopping in November, wrapped the packages, and even delivered them to the office. To these special people and organizations we send a heartfelt thanks from Four Seasons Hospice & Palliative Care, as well as special thanks from the families.

The Elks Lodge supplied 40 families with a Christmas meal as well as enough "extra" to last about 1-2 weeks. Because of the Elks, more families had the traditional Christmas Dinner. Four Seasons received multiple phone calls from families sending thanks to the Elks Lodge for their support.

What an amazing group of people who work at Four Seasons. The staff raised \$1,825 to help 16 families. They helped children buy gifts for parents and grandparents who might not be here next Christmas, helped parents buy gifts for children, and helped make Christmas a little brighter wherever they could.

The love and care shone through this Christmas season!

We at Four Seasons Hospice & Palliative Care wish our community a very wonderful New Year!



Santa brings joy to Four Seasons patient, Jean Stewart and her granddaughter, Sierra.

Santa Came to Town

by Elaine McKinney, CONNECTIONS Coordinator

On December 3rd and 4th Santa came to town. Some hospice patients at home and in facilities received a visit from Ole Saint Nick himself. When Santa made these surprise visits, patients' smiles were wide as pictures were made to prove to family and friends alike that Santa had visited. Santa made pictures not only with patients, but with family, beautiful Christmas trees, doll houses, and even a staff member or two. When patients saw who had come to visit, everything stopped and excitement reined. As Santa made his rounds at facilities other patients stopped him to talk and touch and hug the man in the red suit.

Santa is a volunteer who donates his time each year to Four Seasons Hospice & Palliative Care. A story teller by trade, he also shares stories with patients and their families.

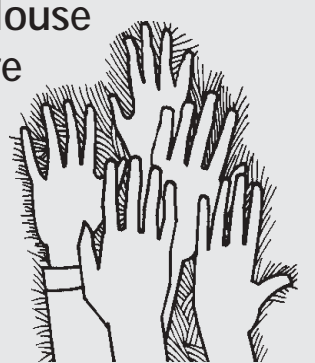
How Can Your Time & Talents Be Appreciated? Become A VOLUNTEER!

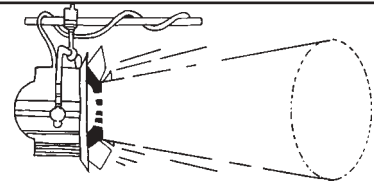
Do You Like To...



- play in the dirt?...
- hunt for treasures?...
- be "in the know"?...
- listen to stories?...
- plan events?...
- organize?...
- sew?...

- help us in the garden at Elizabeth House
- volunteer in the Hospice Home Store
- tell others about our services
- volunteer with a patient
- help us with fundraising
- help out in the office
- make gowns & pillows for patients





Board Member Spotlight



George Knudsen

George Knudsen is a welcome familiar face around the offices of Four Seasons Hospice & Palliative Care. Since 2002, he has volunteered for the organization in many different ways – delivering medical equipment to patients, photographing events, making videos, and more. In 2004, when construction of our clinical services building, Greatrex Place, began, Knudsen's familiarity with Four Seasons, along with his distinguished career as a professional engineer, made him the perfect person to serve as our representative over the construction. He continued in this role over the expansion of Elizabeth House, our inpatient facility.

Tina Gentry, vice president of development and community relations, said, "George was an integral part of the construction process. We were so pleased that he was willing to work with us on these projects." Now that construction on both these facilities is complete, Knudsen continues to serve at Four Seasons as one of our newest board members.

Knudsen's professional history includes helping put the first man on the moon. He worked during the 1960s as senior flight test engineer for the construction and activation of the Saturn/Apollo launch facilities. He was a key member of the Saturn Launch Team through Apollo 12 and received the

Apollo Achievement Award for putting the man on the moon.

He also served as manager of engineering during the construction of the Walt Disney World Theme Park in Orlando, Florida. He later went on to work as the manager of mechanical engineering for the Tokyo Disneyland project. Knudsen worked for several years in Saudi Arabia, where he was responsible for construction of 22 gas/oil separation plants. He later served as president of K&R Engineers and Constructors in Florida, which was founded in 1987 to make available project management expertise to governments and the private sector.

While working in Japan on the Tokyo Disneyland project, Knudsen met his wife, Mihoko. Married for 28 years, the couple is now happy to reside in Henderson County. Mrs. Knudsen is currently a professor of economics at Blue Ridge Community College. Some of Knudsen's hobbies include ham radio, photography, camping, and golf.

Four Seasons Hospice & Palliative Care is an independent, non-profit, volunteer-supported organization led by a dedicated Board of Directors.

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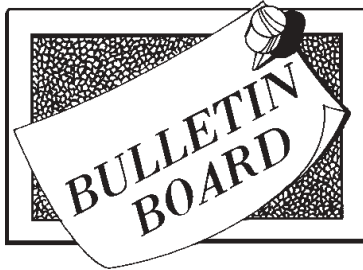
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or call
Tina Gentry at
828-692-6178

At Elizabeth House, we wish we had...

- New or unused personal care products such as: lightly-scented body sprays, after shave, body wash, and body lotions
- Polyfil stuffing for pillows
- Standard size pillowcases (colors and prints)
- Twin size, colored flat sheets
- Full or Twin size, washable, colorful bed quilts
- Colored bath towels and washcloths
- CDs of Rock'n'Roll, Contemporary, Top 100 & Jazz
- CD/radios for bedrooms & calming music CDs
- Small crossword, Sudoku, etc. puzzle books
- Sets of patio furniture (table with 2-4 chairs per set)
- Lotioned or extra-soft facial tissue
- Hard plastic glasses (4 oz. & 8 oz.)
- Masculine colors/prints cotton material to make gowns
- Individually wrapped mints, candy & snacks (commercially prepared)

At Greatrex Place, we wish we had...

- Pocket amplifier for hearing
- Large print books for nursing home patients
- Lotions, body sprays, and shower gels
- Portable CD/cassette players & CDs
- Headphones
- DVDs/Videos
- Books on tape

If you would like to donate any of these items, please call Kathy Thielke at 233-0332, or drop them by Elizabeth House at 581 South Allen Road or Greatrex Place at 571 South Allen Road.

MISSION

Four Seasons Hospice & Palliative Care affirms life and provides holistic care in harmony with the goals of individuals with chronic, serious or life-limiting conditions while offering support to their families and loved ones.

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**Call 692-6178
for more information.**

*Proceeds will benefit
Four Seasons Hospice &
Palliative Care
patients and families.*

Hospice Home Store Opens on Main Street

by Eric Mills, Hospice Home Store Manager

The Hospice Home Store celebrated its one-year anniversary and grand opening of our new location on November 7, 2007. The day started with Adam Shealy, Four Seasons Hospice & Palliative Care's board chairman, giving a welcome and words of thanks for all who made the move of the store a great success.

Afterwards, Hendersonville Chamber of Commerce held a ribbon-cutting ceremony and we were open for business! The grand opening celebration was a great day for the store and Four Seasons Hospice & Palliative Care.



Cleaning up? or Cleaning out?

Bring what you no longer need to

The *Hospice Home Store*

so someone else can enjoy
your gently used items.

We are open Monday thru Saturday from 9:30 a.m. to 5:00 p.m.

Your donations will be accepted during business hours.

For any large items call 696-0625 to schedule a pick-up.



Leaving a Gift of Compassion

If you would like to help support Four Seasons Hospice & Palliative Care but are unsure how you can manage it with a fixed income and rising cost of living, a planned gift may be the answer. Planned giving is any gift that is arranged or provided for during the donor's life time that may not actually be received in its entirety until after the donor's death. Gifts can be made in a variety of ways based on your financial situation and the goals you want to achieve.

Types of planned gifts include:

- **Bequests**
Four Seasons Hospice & Palliative Care can be named in your will as a recipient of a specific amount of cash, percentage of your estate, stocks or other personal property. Your estate may receive a tax deduction for the amount contributed and you do not sacrifice income during your lifetime.
- **Life Insurance Gifts**
Four Seasons Hospice & Palliative Care can be named as a beneficiary of a life insurance policy.
- **Property and Life Estate Gifts**
You can donate your home or other property to Four Seasons now, but continue to use it throughout your and your spouse's lifetime.

For more information on these or other ideas for planned gifts, please call Tina Gentry at 692-6178.